

Application of classical conditioning

The principles of classical conditioning can be used in the following areas of animal and human behaviour:

(1) Developing good habits : Principles of classical conditioning can be used for developing good habits in children such as cleanliness, respect for elders, and punctuality etc.

(2) Breaking of bad habits and elimination of conditioned fear : All learning is acquired in the social environment. Acquired learning may be reconditioned by using the principles of classical conditioning. Principles of classical conditioning can be used to deconditioning anxiety and fear in maladjusted children.

(3) Training of the animals : Animal trainers have been using the principles of classical conditioning since long time without being much aware of the underlying mechanisms.

(4) Use in Psychotherapy-The principles of Classical Conditioning are used in deconditioning emotional fears in mental patients.

(5) Developing Positive attitudes : Classical Conditioning can be used to develop favourable or unfavourable attitude towards learning, teacher and the school.

(6) Teaching alphabets : The principles of classical conditioning are used to teach alphabets and four fundamental principles of arithmetic by using some concrete material. For example, "A is associated with apple, counting is taught with the help of beads etc.